



STIWDIO LLES

Rydym yn chwilio am **bedwar artist** i fod yn rhan o gynllun Celf ar Bresgripsiwn 2025.

Mae Celf Cymunedol Cyngor Gwynedd mewn partneriaeth â Frân Wen yn chwilio am bedwar artist i dderbyn hyfforddiant gan arbenigwyr Celf, lechyd a Llesiant cyn darparu sesiynau Celf ar Bresgripsiwn i bobl ifanc 16-30 oed.

Bydd y pedwar artist yn ymgymryd mewn cyfnod o hyfforddiant yn Nyth, cartref Frân Wen ym Mangor, ar y dyddiadau canlynol:

- Dydd Mercher 12 Chwefror 2025
- Dydd Iau 13 Chwefror 2025
- Dydd Sadwrn 22 Chwefror 2025

Yn dilyn hyn, bydd yr artistiaid yn mynd ati i ddarparu sesiynau galw heibio a sesiynau dwys i bobl ifanc, gan ddefnyddio'r celfyddydau i ddarparu ymyliad ataliol ar gyfer pwysau gorbryder, diffyg hyder, anhawster cymdeithasu ac unigrwydd. Bydd y sesiynau yn cael eu cynnal rhwng mis Mawrth a Gorffennaf 2025 yn unol ag anghenion y prosiect. Bydd pob artist yn cael eu comisiynu am o leiaf 5 diwrnod o waith llawn i gyflawni'r prosiect.

Telerau: Telir ffi dyddiol o £175 (i gynnwys treuliau) i gymryd rhan yn yr hyfforddiant a gweithredu'r cynllun.

Mae'r alwad yma'n agored i artist o unrhyw gyfrwng ym maes theatr e.e. perfformio, dawns, ysgrifennu, cerddoriaeth ayyb. Os oes diddordeb gennych bod yn rhan o'r cynllun yr oll sydd angen ei wneud yw danfon y manylion canlynol at Ffion Strong ffionstrong@gwynedd.llyw.cymru erbyn Ionawr 10fed 2025:

- CV cyfredol
- Llythyr neu fideo byr dim mwy na 5 munud o hyd yn amlinellu pam fod y gwaith Celf, lechyd a Llesiant o ddiddordeb a beth allwch chi ei gynnig i'r prosiect

Mae'r gallu i gyfathrebu yn y Gymraeg yn hanfodol ar gyfer y rôl yma.

Bydd cyfweiliadau yn digwydd yn Nyth, Bangor wythnos 20fed Ionawr 2025.

Prosiect gyda chefnogaeth Meddygfa Bodnant Bangor ac Adran Llesiant Myfyrwyr Prifysgol Bangor.

Cefnogir y prosiect gan Rhaglen Loteri Celfyddydau, lechyd a Lles Cyngor Celfyddydau Cymru.

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THE WELLBEING STUDIO

We are looking for **four artists** to be part of the 2025 Art on Prescription scheme.

Cyngor Gwynedd's Community Art in partnership with Frân Wen are looking for four artists to receive training from Art, Health and Well-being experts ahead of providing Art on Prescription sessions for young people aged 16-30.

The four artists will undertake a period of training at Nyth, the home of Frân Wen in Bangor, on the following dates:

- Wednesday 12 February 2025
- Thursday 13 February 2025
- Saturday 22 February 2025

Following this, the artists will be providing drop-in sessions and intensive sessions for young people, using the arts to address anxiety, lack of confidence, difficulty socialising, and loneliness. The sessions will be held between March and July 2025 in accordance with the needs of the project. All artists will be commissioned for at least 5 full days of work to complete the project.

Terms: A daily fee of £175 (to include expenses) is paid to take part in the training and to deliver the scheme.

This call is open to an artist from any medium within theatre, e.g. performance, dance, writing, music etc. If you are interested in being part of the scheme all you need to do is send the following details to Ffion Strong ffionstrong@gwynedd.llyw.cymru by January 10th 2025:

- Current CV
- A short letter or video of no more than 5 minutes outlining why the Art, Health and Wellbeing work is of interest and what you can offer to the project

The ability to communicate in Welsh is essential for this role.

Interviews will take place in Nyth, Bangor the week of 20th January 2025.

This project is with the support of Bangor Bodnant Surgery and Bangor University's Department of Student Wellbeing.

The project is supported by the Arts Council of Wales' Arts, Health, and Wellbeing Lottery Fund.

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